

DENTAL FILLING (Post op Instructions)

- In case you have been administered anaesthesia, kindly avoid chewing from the anesthetized area for a couple of hours till the effect of anaesthesia wears off.
- In case you have not been administered anaesthesia, you can start chewing almost immediately.
- In case of silver and gold fillings, kindly avoid taking very hot or very cold foods for 24 hours.
- In case of sensitivity in a tooth following a filling, it can take about 2 to 3 weeks to settle down.
- However, if the sensitivity increases with time, please report to your dentist.
- In case you feel, the filling is high, kindly contact your dentist at the earliest. He will reduce the filling by grinding it.
- Please be sure to go for your six-monthly visits. Your dentist might want to polish your composite fillings from time to time to see that they are smooth and are not accumulating plaque.